



## Swimming Instruction and Water Safety Policy

### Purpose:

- To ensure the schools swimming program is conducted safely following procedure guidelines.
- Provide students with the knowledge and confidence to participate in aquatic activities.

### Aim:

- All students will show a level of competency in the following sequence:
- Jump entry
- Survival sculling
- Floating and treading water for 5 min.
- Slow swim for 5min
- Feet first or head first surface dive
- Swim continuously for 200mt using a recognised stroke

### Implementation:

- All emergency and safety procedures are outlined to staff immediately before the commencement of recreational and instructional swimming programs
- All swimming in natural areas such as lake or dams will have a max depth no greater than the shoulder height of all students involved in the program and additional risk management must be put into place
- A teachers employed by the Department or the school council must be in attendance and have overall responsibility for the activity and legal responsibility for emergency procedures
- Other supervising staff must be approved by the principal. These may include parents, support staff and instructors
- The age of students and experience of staff must be taken into consideration
- All supervising staff under the ratio guidelines must be capable of teaching swimming and water safety and have current skills in CPR
- One staff member must hold an AUSTSWIM qualification
- The school must have a clearly written set of emergency procedures
- Students suffering from contagious infections are not permitted to enter the swimming pool until they have fully recovered
- Staff must be made aware of the medical history of students such as epilepsy, diabetes and asthma
- Student medication must be available at the swimming venue
- Swimming programs will be cancelled on days of total fire ban

### Staff student ratios:

Beginner swimmer: 1:10

Intermediate swimmer, can swim to 25mt : 1:12

Advanced swimmer: 1:15

Surf beaches: 1:5

Open water: 1:10

**Evaluation:** This policy will be reviewed as part of the school's 3 year cycle review. This policy was ratified by school council on 15/12/2014

