



**Chewton**  
Primary School <sup>1 0 5 4</sup>



**Resilience – Respect – Community – Integrity - Achievement**

**Newsletter No 19 July 29th 2016**

**Please make sure you complete parent survey forms and bring them to the main office. Forms went home last week.**

**Friday Aug 5<sup>th</sup>:** First clubs and cooked lunch for the term. See lunch order forms out today

**Friday Aug 12<sup>th</sup>:** Curriculum Day. Pupil free.

**Mon 15<sup>th</sup>:** Science Geology

**Wed 17<sup>th</sup>:** Grounds and Building 8:30

**SUN 21<sup>th</sup>:** Working Bee 9-11

**Wed 24<sup>th</sup>:** Cluster Day Taradale

**Thurs 25<sup>th</sup>:** School council 6:30

**Tues 30<sup>th</sup>:** Grade 4-6 Landcare day

**Sept:**

**Mon 5<sup>th</sup>:** Open Classrooms 9:00-11:00

**Wed 7<sup>th</sup>:** Coastal Ambassadors are back at Philip Island

**Tues 13<sup>th</sup>:** Production

**Wed 14<sup>th</sup>:** School starts at 10:00am

**Frid 16<sup>th</sup>:** Last Day of term 2:30 dismissal:

**BREAKFAST PROGRAM: EVERY MONDAY AND THURSDAY. ALL WELCOME**  
**No bookings required. Just turn up on the day. Toddlers can come as well.**

## **Soap Sales**

Grade 3-6 children have come home with a soap package to sell for \$5 each. Money raised will help support or bike ride in term 4. There are samples on the fount table. See a staff member if you would like to make a purchase.



Just a few highlights from 3-4 camp this week.

## Gorilla project: Chewton Primary School in conjunction with Zoos Victoria.

Researched and written by: Kite, Rain and Martika.

Zoos Victoria is committed to helping Australians become smarter phone users. Mobile phones donated to **'they're calling on you'** raises much needed funds for conservation and reduces the demand for minerals, such as coltan that is used in mobile phones.

### Did you know?

- Money raised from donated phones will support Gorillas Doctors, an organisation working to protect Eastern Lowland (Grauer's) and Mountain Gorillas.
- The gorillas live where the coltan is being mined so we need to reduce the world demand for coltan.
- The coltan in your old phone will be recycled in new phones.
- 12.7 million mobile phones were sold in Australia last year
- Australia has more mobile phones than people
- 2 billion consumers worldwide have a smart phone

### Where to go

If you have an old phone please bring it to Chewton primary School. There is a collection box in the main office.

**Every phone makes a difference!**

## **Chewton Reach for the Stars**

There are only 45 sleeps till our big night on stage.

Our production team are working hard and Kate has lots of ideas for the art room.

### We need:

Each child to have a bright coloured top and bottom. Matching colour. Pick something easy so long as what you pick for the top, you can colour match for the bottom. The brighter the better. Red top, red bottom. If you pick a blue top, go for a blue bottom. **If you can't find a match then just focus on the bright top. These come to school and stay here.**

- No logos
- Long sleeve preferred
- Leggings or tights are great but that will not be an option for all children so track pants will be fine and for some they may just need to be black
- Items then need to go in a **clearly named bag with names also on each clothing piece**
- Items might not look the same after the production as bits will be sewn, pinned or painted to build the costume
- If you have extra pieces of clothing that might work and can donate these, this would be great
- If you can't find anything, let your class teacher know and we will send out some op shop hunters.
- Please do not go out to buy expensive or new items. We will make do with what we can.

**DON'T STRESS. WE WILL HELP**

# Chewton Primary

## Reach for the Stars

### Ticket sales

- Tickets will go on sale from Aug 1<sup>st</sup>
- Tickets can only be purchased from Sally on a Monday/Thursdays 9-4, Tuesday 10-2
- You can phone or email Sally on or after that date to book your ticket but not before the 1<sup>st</sup>.
- Seats will be allocated
- At this stage we are limiting tickets to 5 per family. This includes separated families. If you require additional tickets please let Sally know so she can contact you after the 29<sup>th</sup> Aug.
- Additional tickets will not be in the same row.
- Unsold tickets will be reopened for sale on Monday the 22<sup>nd</sup> Aug
- The school is covering a large proportion of the cost of this production.
- We are hoping the sale of tickets will cover the venue hire, bus for rehearsals and technician costs
- **Adult: \$10**
- **Child/ student, occupying a seat: \$5**
- Children in the performance do not require a ticket
- Disability seating is available. Please advise Sally of this before purchasing tickets.

### **Costumes:**

Please make sure you have your child's shirt and pants at school by Aug 1<sup>st</sup>. Most of these undergarments will be covered by other items so don't overly stress. If you can't find logo free items they can be turned inside out or other costume added to cover.

# **Bendigo Health Community Dental Service**

Recently Bendigo Health's Community Dental Service visited Chewton Primary School to provide dental checks for 27 students. The dental team were very happy to see so many students and would like to thank those that participated in the program.

Brushing teeth twice a day and a healthy diet play a key role in oral health, and developing good oral health habits from an early age helps to prevent problems as an adult.

Regular dental visits are also important to address any issues before they become problematic. Up to half of primary school children can have tooth decay and gum disease, which can develop without any pain. Having a dental examination before issues arise can help children have a positive experience, and there are many preventative treatments available to help maintain your child's oral health.

**ALL children 12 years and under are eligible to access Bendigo Health's Community Dental Service free of charge.** If you don't have a family dentist please contact the friendly dental team to make an appointment.

Bendigo Health Community Dental Service is made up of fully qualified oral health therapists, dentists and dental assistants. They are experienced in working with children and aim to make a child's visit a positive experience while providing quality dental care.

To make an appointment please call 5454 7994, or visit [www.bendigohealth.org.au](http://www.bendigohealth.org.au) to register your child/children.



## **Looking after your teeth and gums**

**EAT WELL**- Sweet foods can cause tooth decay. Food and drinks high in sugar (particularly added sugar) should be limited, especially between meals.

Dairy products like cheese and plain milk can help prevent tooth decay.

**DRINK WELL**- Encourage children to drink plenty of tap water. Plain milk is a better option than flavoured milk. Limit soft drinks, fruit juice, cordials, sports drinks, energy drinks, flavoured water and yoghurt drinks as they are high in sugar, which is linked to tooth decay.

*Did you know that a can of lemonade or cola contains the equivalent of 8 teaspoons of sugar, and a bottle of sports drink has the equivalent of 7 teaspoons of sugar!*

**CLEAN WELL**- Everyone should brush their teeth twice a day; after breakfast and before bed. Help your children brush their teeth until they are seven; most children are not able to use a toothbrush properly before then. Baby teeth are very important to help children talk, eat and smile. Everyone should have regular dental checks.

P-6 Lunch Friday 5<sup>th</sup> Aug : Order to be in by Wed please

Name:

Grade:

Wraps (Size of around 20cm square wrapper): **\$3.00**

Chicken and vegetable

Vegetarian

Gluten and egg free option:

Chocolate Brownies **50cents each** (max 2 per child)

Gluten and egg free sweet treat option

Total enclosed:

P-6 Lunch Friday 17<sup>th</sup> June: Order to be in by Wed please

Name:

Grade:

Lasagne with the following options: **\$3**

Meat

Vegetarian

Gluten and egg free pasta:

Chocolate Brownies **50cents each** ( max 2 per child)

Gluten and egg free sweet treat option

Total enclosed: