



Drinking Water Guidelines

Purpose:

- To ensure all children are adequately hydrated with fresh, clean water during the day

Implementation:

- Each child to have a water bottle that is stored in the classroom and is easily accessible
- Children to have their own clearly named water bottle with parent reminders of this requirement
- Water bottles need to be taken home and cleaned on a regular basis
- Children do not need to ask for teacher permission to access their water bottle during personal work times.
- Children will not be permitted to disrupt explicit teaching times to access water bottles.
- Children will be required to ask permission to leave the class to refill a water bottle or drink from the bubbler. Permission will be granted for all reasonable requests
- Colour coded water bottle carriers will be purchased for each class making it easier for bottles to be taken out for recess, lunch and sporting events
- Regular water breaks will be given at regular intervals during physical education sessions
- Children will be reminded to have a drink during breaks in the class program
- The bell will ring five minutes before class to allow children sufficient time to drink from the bubblers or refill their personal water bottle
- Bubble taps will be regularly maintained with pressure monitored to ensure a min of 5 bubblers are accessible to children
- Children will be educated on the importance of drinking water to maintain their health with these recommendations explained and modelled at the beginning of the school year and during the year when required.

Evaluation: This policy will be reviewed as part of the schools three year cycle review.
This statement was ratified by school council on 10/2/2016